



The Young and Exotic

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If you've ever broken a bone, you'll know that X-rays are bad for humans. When doctors take an X-ray picture of a broken bone, they hide behind a protective screen to avoid being hit by X-ray radiation.

But the radiation you receive from an X-ray machine is 50 times less than the radiation we are blasted with every year from cosmic sources. Fortunately, our atmosphere blocks these X-rays, so we're perfectly safe here on Earth.

Some of the most powerful sources of X-rays in the Universe are 'X-ray binaries'. These are pairs of stars where one star is normal, like the Sun, and the other is an ultra-compact type star called a 'neutron star'.

As these two objects orbit one another, the neutron star's strong gravity pulls layers of the companion star away and swallows them. These layers of gas get very hot when they are pulled away from the companion star and they send out X-rays.

A new study of an X-ray binary called Circinus X-1 found that it is less than 4,600 years old! This makes it the youngest X-ray binary ever seen. Astronomers have discovered hundreds of X-ray binaries throughout our Galaxy and even some outside our Galaxy.

All of these X-ray binary star systems are old, so they only reveal information about what happens much later, in their life. With these new observations, we can still see the shock waves created when the system was formed!



COOL FACT

Neutron stars are formed after an event called a supernova, which is when a massive star dies in an explosion more powerful than almost any other event in the Universe. The blast sends out enough radiation to equal a few octillion nuclear warheads! (An octillion is 1,000,000,000,000,000,000,000,000,000!)

This Space Scoop is based on a Press Release from [Chandra X-ray Observatory](#).
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